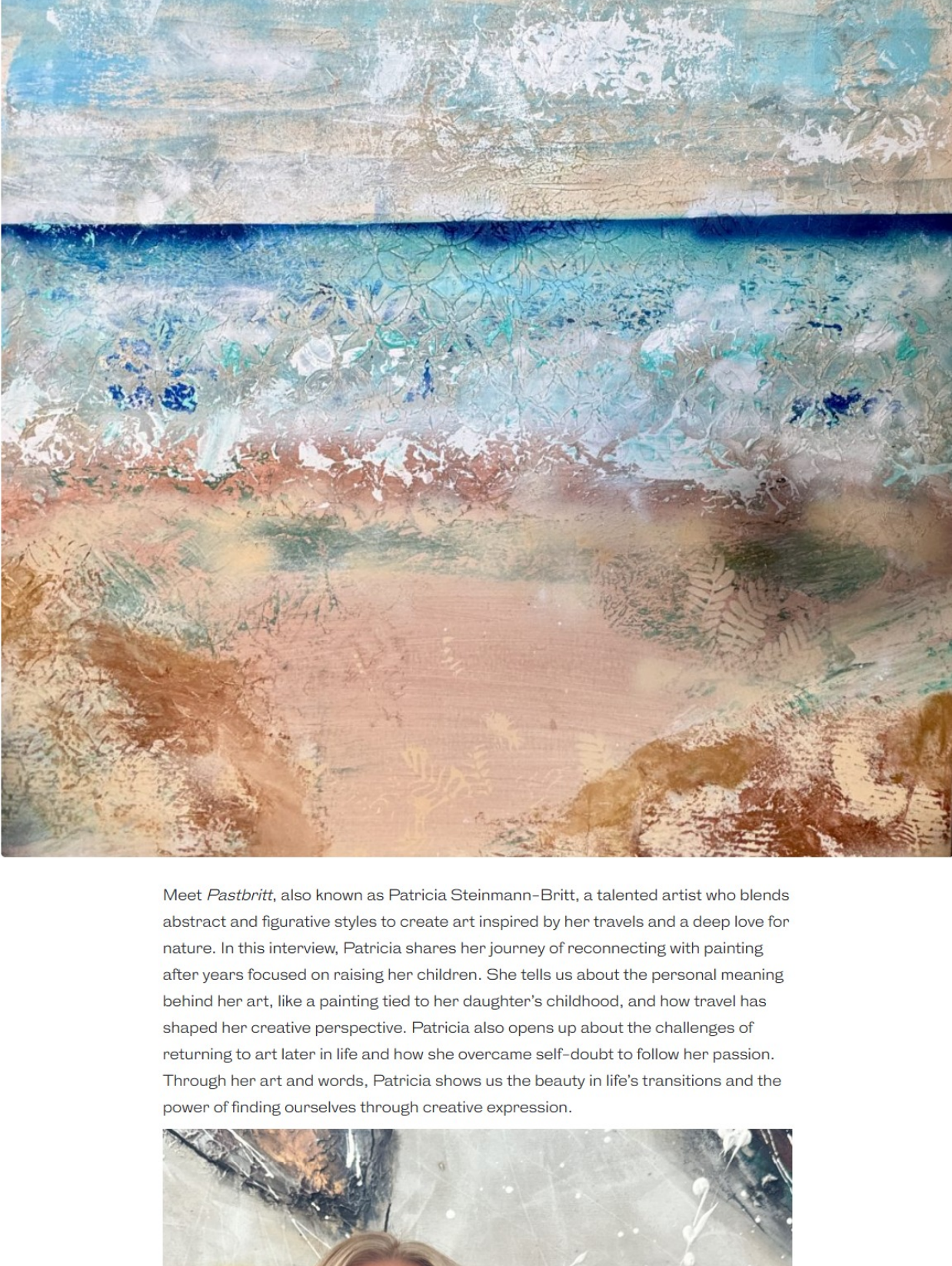


How Patricia Steinmann-Britt Blends Nature, Travel, and Personal Growth into Stunning Abstract Art

Artist InterviewsDec 15Share post



Meet *Pastbritt*, also known as Patricia Steinmann-Britt, a talented artist who blends abstract and figurative styles to create art inspired by her travels and a deep love for nature. In this interview, Patricia shares her journey of reconnecting with painting after years focused on raising her children. She tells us about the personal meaning behind her art, like a painting tied to her daughter's childhood, and how travel has shaped her creative perspective. Patricia also opens up about the challenges of returning to art later in life and how she overcame self-doubt to follow her passion. Through her art and words, Patricia shows us the beauty in life's transitions and the power of finding ourselves through creative expression.



Patricia Steinmann-Britt

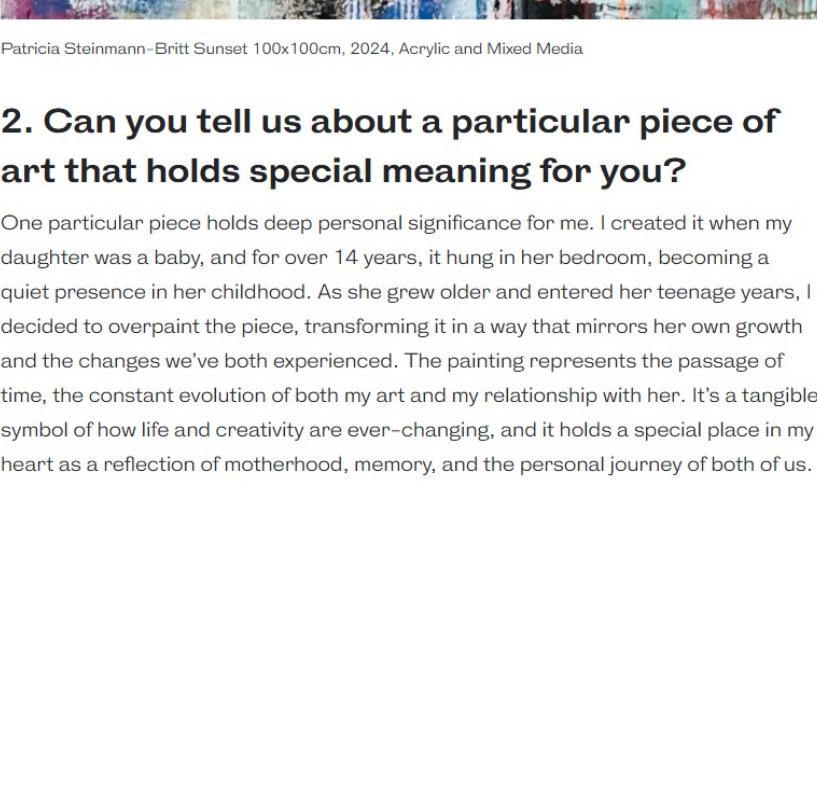
"Pastbritt", the artistic identity of Patricia Steinmann-Britt, is a contemporary artist who seamlessly blends abstraction and figuration, drawing inspiration from both the raw beauty of nature and the richness of her travels. My work stands out through its expressive use of bold colors, intricate textures, and organic patterns, reflecting a deep connection to the landscapes and environments she encounters. Each painting becomes a visual journey, inviting viewers to traverse between the familiar and the abstract, revealing layers of emotion and movement. By merging elements of nature and travel into my distinctive compositions, my art offers a unique exploration of the world's diversity and its transformative impact on the human spirit.

1. How would you describe your art style and what inspired you to become an artist?

My art style can be described as a blend of Abstract Expressionism and Lyrical Abstraction, characterized by dynamic compositions, vibrant colors, and textured surfaces that convey emotional depth and movement. This style engages both the senses and emotions, offering viewers a sense of movement and a journey through color and form. After raising my children I rediscovered art and and my passion for painting. Rediscovering my passion for art felt like reuniting with a long-lost friend. After raising my children, I finally had the time and space to reconnect with my creative energy. The urge to paint again arose from a deep need to express the emotions and ideas that had quietly evolved during the busy years of motherhood. Art became my way of processing life's transitions and reflecting on both the beauty and challenges I had encountered along the way.

LIFE OFTEN PULLS US IN VARIOUS DIRECTIONS, BUT THE DESIRE TO CREATE REMAINS CONSTANT, ALWAYS WAITING FOR THE RIGHT MOMENT.

Patricia Steinmann-Britt



Patricia Steinmann-Britt Sunset 100x100cm, 2024, Acrylic and Mixed Media

2. Can you tell us about a particular piece of art that holds special meaning for you?

One particular piece holds deep personal significance for me. I created it when my daughter was a baby, and for over 14 years, it hung in her bedroom, becoming a quiet presence in her childhood. As she grew older and entered her teenage years, I decided to overpaint the piece, transforming it in a way that mirrors her own growth and the changes we've both experienced. The painting represents the passage of time, the constant evolution of both my art and my relationship with her. It's a tangible symbol of how life and creativity are ever-changing, and it holds a special place in my heart as a reflection of motherhood, memory, and the personal journey of both of us.

Patricia Steinmann-Britt Bali Blossoms 60x60cm, Acrylic and Mixed Media 2024

3. What challenges have you faced as an artist, and how did you overcome them?

As an artist who rediscovered my passion later in life, one of the main challenges I faced was overcoming self-doubt. Returning to art after many years away, I questioned whether my work would still resonate or be seen as relevant. Overcoming that involved trusting my creative instincts and embracing the process rather than focusing solely on the outcome. I also had to balance my time between family life and my art, which sometimes felt overwhelming. However, the moments I spent traveling, especially to places like South Africa, Colombia, Costa Rica, and Bali, became a powerful source of inspiration. These experiences helped me find a deep connection to nature and allowed me to approach my art with a fresh perspective. Ultimately, the key to overcoming these challenges was persistence and a willingness to keep learning and growing as an artist.

Patricia Steinmann-Britt Sardinia 60x80cm, Acrylic and Mixed Media 2024

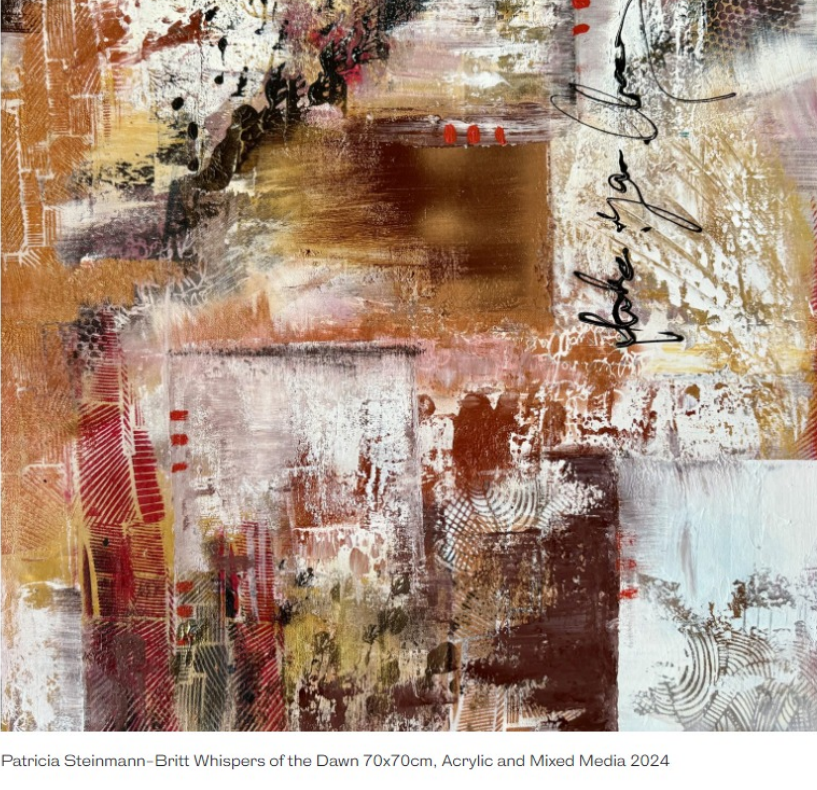
4. How do you approach collaboration with other artists or creatives?

Collaboration, to me, is a dynamic exchange of ideas and perspectives. I approach it with an open mind and a willingness to listen and learn. I believe that when working

with an open mind and a willingness to listen and learn. I believe that when working with others, the creative process can evolve in unexpected and exciting ways. I tend to value collaboration that allows each individual to contribute their unique strengths, whether in visual art, conceptual ideas, or technical expertise. In my own practice, I blend abstraction with figuration, and I find that collaborating with creatives from diverse backgrounds enriches my work and challenges me to think outside my usual boundaries. The key is mutual respect and a shared vision, while still allowing for creative freedom.

I BELIEVE THAT WHEN WORKING WITH OTHERS, THE CREATIVE PROCESS CAN EVOLVE IN UNEXPECTED AND EXCITING WAYS.

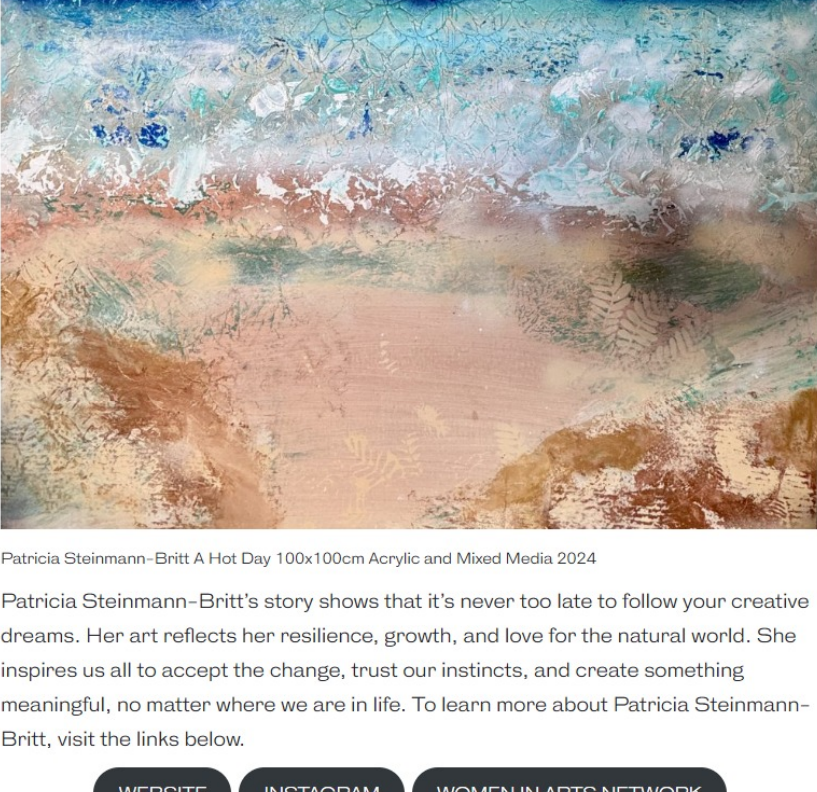
Patricia Steinmann-Britt



Patricia Steinmann-Britt Whispers of the Dawn 70x70cm, Acrylic and Mixed Media 2024

5. What advice would you give to the aspiring artists?

My advice is to give yourself permission to begin anew, regardless of how much time has passed. Creativity doesn't have an expiration date. Life often pulls us in various directions, but the desire to create remains constant, always waiting for the right moment. Don't hesitate to start from where you are, with whatever tools or time you have at hand. Above all, release the need for perfection. The true beauty of art lies in its ability to capture our evolving selves, imperfections and all.



Patricia Steinmann-Britt A Hot Day 100x100cm Acrylic and Mixed Media 2024

Patricia Steinmann-Britt's story shows that it's never too late to follow your creative dreams. Her art reflects her resilience, growth, and love for the natural world. She inspires us all to accept the change, trust our instincts, and create something meaningful, no matter where we are in life. To learn more about Patricia Steinmann-Britt, visit the links below.

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emotion expresses deep emotions through her art
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